

Mountain West Gymnastics



Idaho's Premier Competitive Team Program

We are glad you could make it today and are excited about your week ahead. Here are some important things you will need to know about your first week of gymnastics classes. If you have any questions please stop in at the front desk or ask any of our MWG coaching staff to help you. Have a great time!

Where do I go?

Front Desk: If you registered over the phone please stop in at the front desk to make sure all of your paperwork is complete. Waivers must be completed before taking a class.

Cubbies: Are for all gymnasts. Gymnasts need to store shoes, socks, street clothes, backpacks then proceed to the gym waiting area. **DO NOT ENTER THE GYM WITHOUT YOUR GYM INSTRUCTOR.**

Parent Viewing Area: We have a small viewing area provided for parents. Please share the limited seating area.

Gymnastics Attire

Girls should wear a leotard, hair pulled back. Boys should wear t-shirt and gym shorts. This will allow the instructors to spot your child during certain activities, to check body positions, as well as to insure their safety on the apparatus. **Please note: No loose clothing-No tights, socks or jeans- No jewelry- No food, drink or gum allowed into the gym area.**

Gym Rules

Children are not allowed into the gym or on the equipment without supervision of an MWG staff member.

Children must stay in their class at all times.

Parents are not allowed on the gym floor or in the gym. If you need assistance please ask the front desk. Parents: no side line coaching, leave the coaching to our staff.

It is important that you drop off and pick up on time.

No horse play or tumbling while waiting for class.

Treat your coaches and other classmates with respect and have fun!

Mountain West Gymnastics Term Calendar and Priority Dates

Term Dates

Fall term classes start September 3rd
Fall term classes end December 21st
Fall term is 12 weeks
Spring term classes start January 6th 2014
Spring term classes end May 24th 2014
Spring term is 16 weeks
Summer term classes start June 2nd
Summer term classes end August 23rd
Summer term is 12 weeks

Mountain West Gymnastics is closed on the following holidays: Labor Day Friday through Monday. Halloween, afternoon programs only when on a weekday. Thanksgiving, Thursday through Sunday. Christmas Break Dec. 23rd through Jan 4th, Good Friday/Easter and Memorial Weekend and the 4th of July.

Mountain West Gymnastics Policies

All students are required to pay an annual (non-refundable) membership fee of \$25.00 per child.

Re-enrollment for terms is required.

Only 1 make-up allowed per month and must be scheduled with front desk, not the instructor. A student is considered enrolled for the term. Class fees will be pro-rated based on your start date. Tuition will not be prorated for missed classes due to vacations or planned absences, parties and school events.

NO REFUNDS OR CREDITS FOR DROPPED OR MISSED CLASSES. Medical reasons are the only exceptions from a licensed medical practitioner.

General Information Phone 208-869-1693

Front desk hours Mon-Friday 3-8pm Sat. 9-2

Web: www.mountainwestgymnastics.com

