



Mountain West Gymnastics Class Schedule

www.mountainwestgymnastics.com
208-869-1694



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
P R E S C H O O L	Mommy & Me 18 Months – 3 years		10:00-10:30		10:00-10:30		
	Tiny Tumblers 3-4 year olds		10:30-11:20 3:30-4:20	4:15-5:05 5:15-6:05 6:15-7:05	10:30-11:20 3:30-4:20		10:00-10:50
	Adv. Tiny Tumblers 3-4 year olds	4:00-5:00					
G I R L S	Mtn. Climbers 5-8 year olds Level 1	5:00-6:00	4:30-5:30	4:30-5:30 6:30-7:30	4:30-5:30 4:30-5:30 6:30-7:30	4:30-5:30	11:00-12:00 1:00-2:00
	Mtn. Climbers 9-11 year olds Level 1	6:00-7:00 7:00-8:00		5:30-6:30	5:30-6:30		12:00-1:00
	Snowballs 5-7 year olds Adv. Level 1		5:30-7:30			5:30-7:30	
	Flip Stars Level 2	6:00-7:30			6:00-7:30	5:30-7:00	
	*Glaciers Pre-Team Twice a Week						
	*Avalanche Pre-Team Twice a Week						
B O Y S	Boys 5-12 years old Level 1-2	5:00-6:00				4:30-5:30	
T U M B L I N G	Cheernastics Up to 18 years			7:30-8:30			
	*Tramp/Acro Up to 18 years						
	*Ninja Warrior Physical Abilities						

* Times to be determined