



# Mountain West Gymnastics Class Schedule

www.mountainwestgymnastics.com

208-869-1694



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>P R E S C H O O L</b>	<b>Mommy &amp; Me</b> 18 Months – 3 years		10:00-10:30		10:00-10:30		
	<b>Tiny Tumblers</b> 3-4 year olds		10:30-11:20 3:30-4:20	4:15-5:05 5:15-6:05 6:15-7:05	10:30-11:20 3:30-4:20		10:00-10:50
	<b>Adv. Tiny Tumblers</b> 3-4 year olds	4:00-5:00					
<b>G I R L S</b>	<b>Mtn. Climbers</b> 5-8 year olds Level 1	5:00-6:00	4:30-5:30	4:30-5:30 6:30-7:30	4:30-5:30 4:30-5:30 6:30-7:30	4:30-5:30	11:00-12:00 1:00-2:00
	<b>Mtn. Climbers</b> 9-11 year olds Level 1	6:00-7:00 7:00-8:00		5:30-6:30	5:30-6:30		12:00-1:00
	<b>Snowballs</b> 5-7 year olds Adv. Level 1		5:30-7:30			5:30-7:30	
	<b>Flip Stars</b> Level 2	6:00-7:30			6:00-7:30	5:30-7:00	
	<b>*Glaciers</b> Pre-Team Twice a Week						
	<b>*Avalanche</b> Pre-Team Twice a Week						
<b>B O Y S</b>	<b>Boys</b> 5-12 years old Level 1-2	5:00-6:00				4:30-5:30	
<b>T U M B L I N G</b>	<b>Cheernastics</b> Up to 18 years			7:30-8:30			
	<b>*Tramp/Acro</b> Up to 18 years						
	<b>*Ninja Warrior Physical Abilities</b>						

\* Times to be determined